# STUDY PROTOCOL Open Access

# Study protocol for "In-vehicle sensors to detect changes in cognition of older drivers"

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# **Abstract**

**Background** Driving is a complex behavior that may be affected by early changes in the cognition of older individuals. Early changes in driving behavior may include driving more slowly, making fewer and shorter trips, and errors related to inadequate anticipation of situations. Sensor systems installed in older drivers' vehicles may detect these changes and may generate early warnings of possible changes in cognition.

**Method** A naturalistic longitudinal design is employed to obtain continuous information on driving behavior that will be compared with the results of extensive cognitive testing conducted every 3 months for 3 years. A driver facing camera, forward facing camera, and telematics unit are installed in the vehicle and data downloaded every 3 months when the cognitive tests are administered.

**Results** Data processing and analysis will proceed through a series of steps including data normalization, adding information on external factors (weather, traffic conditions), and identifying critical features (variables). Traditional prediction modeling results will be compared with Recurring Neural Network (RNN) approach to produce Driver Behavior Indices (DBIs), and algorithms to classify drivers within age, gender, ethnic group membership, and other potential group characteristics.

**Conclusion** It is well established that individuals with progressive dementias are eventually unable to drive safely, yet many remain unaware of their cognitive decrements. Current screening and evaluation services can test only a small number of individuals with cognitive concerns, missing many who need to know if they require treatment. Given the increasing number of sensors being installed in passenger vehicles and pick-up trucks and their increasing acceptability, reconfigured in-vehicle sensing systems could provide widespread, low-cost early warnings of cognitive decline to the large number of older drivers on the road in the U.S. The proposed testing and evaluation of a readily and rapidly available, unobtrusive in-vehicle sensing system could provide the first step toward future widespread, low-cost early warnings of cognitive change for this large number of older drivers in the U.S. and elsewhere.

**Keywords** Driving, Cognitive change, Video, Telematics, Mild cognitive impairment, Older driver, Sensors

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# **Background**

About 1 in 9 (10.7%) people in the US age 65 and older has Alzheimer's disease or related dementia; another 15 to 20% have mild cognitive impairment (MCI), and one-third of these will develop dementia within 5 years [1]. Older African Americans and Hispanics have a higher prevalence rate, probably related to higher rates of diabetes, cardiovascular disease, and the effects of socioeconomic disadvantage [2], reinforcing the importance of culturally diverse samples in Alzheimer's research. Individuals with dementia eventually cannot perform complex everyday activities, including driving. Interestingly, the neuropathologies of AD (Alzheimer's Disease) have been found in the brains of older drivers killed in motor vehicle accidents who did not even know they had AD and had no apparent signs of it [3].

Older drivers may be at greater risk of collision in the years before AD diagnosis [4]. One analysis identified a five-fold increase in crashes 3 years before the diagnosis of dementia and a higher likelihood of failing a road test (risk ratio=10.77) [5]. Similarly, Fraade-Blanar and colleagues [6] found that a one unit-lower Cognitive Abilities Screening Instrument scored using item response theory (CAS-IRT) predicted a crash incidence rate of 1.25 in a sample of 2,165 older group health enrollees. Drivers with dementia make twice as many mistakes as controls and fail on-the-road tests at a rate of 67% compared to 3% for controls [7]. Pavlou and colleagues [8] reported that driving behavior changes such as speed, lateral position, reaction time, following distance, left turns, and time off the road distinguish normal controls from those with cerebral pathologies.

Previous research has focused on older drivers with dementia, but interest in the driving behavior of individuals with MCI is increasing. Few studies have reported the use of continuous, unobtrusive sensors and related monitoring devices for detecting subtle variability in the performance of highly complex everyday activities over time. Eby and colleagues [9] employed in-vehicle technology to monitor driving performance for 2 months. Compared with 26 unimpaired drivers, 17 drivers with early-stage dementia were found to have significantly restricted driving space and were more likely to get lost, even though they had been cleared for driving. In a small sample of 21 unimpaired older adults and 7 with MCI who were followed for 200 days using a sensing device, those with MCI drove fewer miles and fewer of these miles on highways [10].

The Long Road study (2021) is among the first longitudinal studies showing the usefulness of naturalistic data and machine learning techniques to detect MCI and dementia from driving behavior [11]. Among 2977 older drivers studied, 64 were identified as having MCI or

dementia through a review of their medical records and annual interview. Age was predictive of MCI and dementia, followed by the percentage of trips traveled within 15 miles of home, race/ethnicity, minutes per trip chain (i.e., length of trips starting and ending at home), minutes per trip, and the number of challenging braking events with deceleration rates 0.35 g. The point of conversion to MCI or dementia could not be determined, at least partly due to the data collection method. Data from our naturalistic, longitudinal study may contribute to identifying these time points.

Similarly, Bayat and colleagues [12] conducted a study using machine learning methods to evaluate the ability of in-vehicle GPS to distinguish drivers with preclinical AD from those without preclinical AD. Using four Random Forest (RF) models with three sets of variables, driving features only, driving features and age, and driving features, age, and APOE $\varepsilon$ 4 status, it was found that prediction of preclinical AD was 82% using GPS-based driving indicators, 88% using age and driving indicators, and 91% using age, APOE  $\varepsilon$ 4 status, and driving.

Davis et al. [13] performed a pilot study using in-vehicle technology (GPS, video) to capture driving behaviors and errors of adult drivers with preclinical AD and early symptomatic AD compared to cognitively normal adults. In early AD, g-force (a vector of acceleration) events produced common errors predominately related to inadequate anticipation of situations, such as late response or driving too fast, mistakes of judgment, and frequent traffic violations. Davis et al. [13] suggest that an event-based approach rather than costly continuous video monitoring to assess driving risk behaviors can be more efficient. Those with preclinical AD drove more slowly and had the lowest number of aggressive events over 3 months. An important limitation of the study was that cognitively intact individuals (CDR=0) did not have video installed in their vehicles.

The rationale for the current research arises from the importance of identifying cognitive dysfunction as early and efficiently as possible. An estimated 4 to 8 million older adults with MCI are currently driving [14]. This significant proportion of older drivers constitutes a previously unexplored opportunity to detect cognitive decline. In this study, we will systematically examine how current in-vehicle technologies may detect anomalous driving behavior indicative of cognitive impairment.

# Methods/design

# Objective

The objective of this study is to test an unobtrusive multisensor system's ability to detect cognitive change in older  $(\geq 65)$  drivers.

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#### Aims

To achieve this goal, the In-Vehicle study has the following aims:

- 1. Test the ability of a package of in-vehicle sensors to detect cognitive change:
  - Establish baseline cognitive status and driving behaviors.
  - Examine sensor data output for the ability to detect the cognitive change in individual measures, latent constructs, and diagnostic groupings (e.g., change from unimpaired to MCI) over time.
  - c. Identify cognitive changes that in-vehicle sensors can detect.
  - d. Identify the sensor system components that best predict these significant changes in cognition.

# 2. Develop algorithms that can:

- Translate sensor data into Driving Behavior Indices (DBIs) that are gender, age, and vehicle specific.
- b. Examine the accuracy and stability of the DBIs by comparing DBIs generated using exponential smoothing and ARIMA techniques to DBIs that are adjusted for weather and road conditions derived from national and state databases.
- Provide interpretable indicators of change in DBI and associated decline in the underlying cognitive functions.
- 3. Evaluate the acceptability to older drivers of the installed systems.
  - a. Evaluate participants' response to the sensor system in terms of their awareness of the installed system, obtrusiveness, driver distraction, reported effect on driving behavior, and overall acceptability.

# Study design

This study will utilize a naturalistic longitudinal parallel mixed methods design. The quantitative phase of this research will be a longitudinal forecasting design with latent constructs. The qualitative phase will use content analysis to investigate the drivers' perception of acceptability and the unobtrusive nature of the sensor unit.

#### Sample size calculation

The average national percent change in cognition disaggregated by age groups (65-74, 75-84, 85+) over

a 3-year period [15] was used to calculate number of participants. G\*Power 3.1.9.2. was used to calculate the total number of participants predicted to show measurable change in cognition required to obtain power = 0.80 with an alpha = 0.05, 2 groups (Change, No-Change), 12 repeated measures, a correlation between measures of 0.5 and a medium effect size (Cohen's f=0.0.17) which is 200 using the repeated measures algorithm in G\*3.1.9.2. With an average of 52.1% of the participants estimated to show a minimum change over the 3-year period, a total sample of 384 participants is required. Due to their age and driving requirements of the participants in this study, a 20% attrition rate [16] was used to calculate the total number of participants to be enrolled in this study. This resulted in a total required sample of 460.

# Study eligibility

# Inclusion criteria

Age 65 and older, a valid driver's license, evidence of insurance, use of a passenger car or pickup truck, age and education-adjusted Montreal Cognitive Assessment (MoCA) [17] score of 19 or higher, and a willingness to return to one of three testing/installation sites for retesting, data download, and sensor maintenance as needed every 3 months, are all requirements for inclusion. Potential participants must also be able to speak English, Spanish, or Haitian Creole and pass the standard state driver's license requirements for vision, hearing, strength, and flexibility.

#### **Exclusion criteria**

Those who are under 65, do not have a vehicle to drive, a valid driver's license or insurance, score below 19 on the MoCA [17], cannot return every 3 months for retesting and sensor maintenance, cannot pass the physical screening, or decline to sign the Institutional Review Board-approved written consent, or are not fluent in either Spanish, English or Creole, will be excluded. We will exclude those with a clinically significant active illness, neurological or psychiatric disorders, or loss of consciousness within the last 5 years and those who cannot meet the state physical ability requirements for vision or hearing.

#### Participant recruitment

A community outreach approach to participant recruitment will be led by a dedicated study recruiter with prior research experience. The recruitment effort will begin with networking with representatives of community-based senior services, either at networking events or in individual meetings. This high-level networking is directed to developing connections with organizations

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that serve the age 55+ segment of the population to elicit invitations to conduct formal and informal information sessions with the older clients/members/residents in their communities, programs, and services. This includes senior living communities, senior day programs, places of worship, and, secondarily, health services. Presentations and discussions with potential participants will be done in English, Spanish, and Haitian Creole. Bilingual research team members will join the study recruiter to conduct the meetings with primarily non-English speaking groups. Printed materials about the study will be available in these languages, as well as information on how to connect with the study team to enroll. Another smaller recruiting effort will be primarily participantdriven. With Institutional Review Board approval, participants who introduce an eligible individual to the study are given an additional gift card for each new enrollee referred.

Individuals who express interest in participation receive further explanation of the study and what participation entails. They are then briefly screened for eligibility, and an appointment is made. On the first visit, further explanation of the study is provided, consent is obtained, eligibility is confirmed, and baseline tests are administered. A sensor installation team places the telematic and video sensors in the participants' vehicle once consent is obtained and eligibility confirmed.

#### Sensor instrumentation

The in-vehicle sensor network uses open-source hard-ware and software components to reduce the time, risks, and costs associated with developing in-vehicle sensing units. In-vehicle sensor systems are kept simple and compact by minimizing complex wiring, limiting the size of the sensing units, and limiting the number of sensors in a vehicle to support the unobtrusiveness of in-vehicle sensors. Each in-vehicle sensor system is comprised of two distributed sensing units: one for telematics data and the other for video data.

# Telematic units

The telematics unit of the in-vehicle sensor system is built upon Raspberry Pi which enables the modification and adaptation of telematics sensor data types, sampling frequencies, and onboard data logging algorithms. A vehicle's On-Board Diagnostic (OBD) port provides 12-V power to a telematics unit. Furthermore, the telematics unit has a smart power control system based on the voltage of an OBD port to prevent battery drainage. The telematics unit uses ten mA (milliamps) up to 500 mA when a vehicle is in use or not in use, respectively. The processor of the telematics units has a heat sink to provide stable and reliable operations in Florida's hot climate.

The telematics sensor provides three data types: Inertial measurement unit (IMU), OBD, and GPS data. IMU data comprise 3-axial acceleration and 3-axial gyroscope (e.g., angular velocity) to capture vehicles' dynamic motions and orientations. IMU data will be processed to determine hard braking, hard accelerations and hard turns, and GPS data. It also includes a timestamp, latitude, longitude, altitude, course over ground (COG), and the number of communicating satellites. The first four will constitute the trajectory of a vehicle and be used to analyze travel patterns (e.g., travel distance, trip purpose). COG data will be used to calculate the heading information of a vehicle. The number of satellites connected to GPS sensors will be used to analyze the accuracy of GPS information. A minimum of four satellites provides the roughest estimation of location, while 7 to 8 satellites are needed to estimate an accurate location within 10-11 yards [18]. The sampling rates of the IMU sensor, gyroscope, and GPS data are set to 12.5 Hz, 25 Hz, and 1 Hz, respectively.

The telematics sensor employs hybrid data logging systems: onboard and cloud data logging. High-resolution telematics data will be stored in local (in vehicle) data stores, manually collected and uploaded to a secure central database during participants' quarterly visits. The in-vehicle sensor has cellular connectivity. The Cloud database will be used primarily to check the operating state of in-vehicle sensors (e.g., error messages, local data connectivity, operating condition of camera units through Wi-Fi connections), software updates through 4G connections (e.g., change sampling rates, update OBD parameters, firmware update), and troubleshoot malfunctioning devices (e.g., remote control through 4G connections). See Fig. 1.

### Video unit

The video unit consists of the MDVR (Digital Video Recorder), a driver-facing camera, and a forward-facing camera (see Fig. 2). The MDVR has a storage unit with a capacity of 256 GB, which allows storing the video from both cameras for a period of 3 months. The MDVR has built-in AI functions that analyze video in real-time. The driver-facing camera is mounted in the left corner of the windshield and is directed to the driver's face to analyze his/her behavior and facial expressions. Table 1 shows a list of indices that are analyzed by the driver- facing camera.

The forward-facing camera is mounted under the rearview mirror and is used to record events external to the vehicle. Table 2 shows the list of indices that are recorded and analyzed using the front-facing camera.

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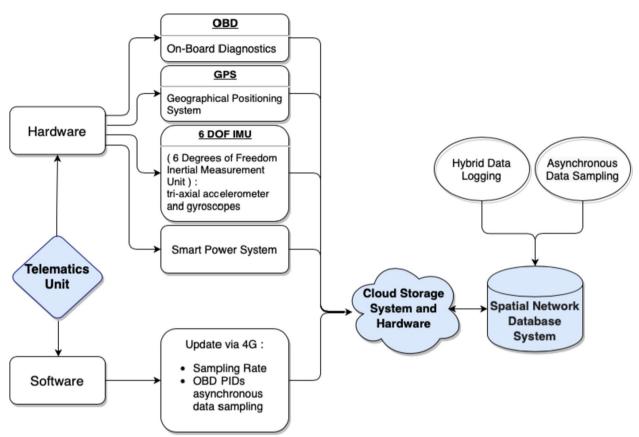


Fig. 1 The architecture of telematic units

# Cognitive battery Measure selection

The team assembled the neuropsychological assessment protocol with two aims: 1. To classify participants into three diagnostic groups: mild cognitive impairment (MCI), early dementia, and unimpaired (normal). 2. To detect subtle changes over time in these measures independent of clinical assessments, particularly in executive function and visual attention, which are the cognitive domains most strongly associated with driving variables.

To fulfill these aims, two groups of tests were assembled: A clinical battery including assessments of cognition, functioning in daily activities, and mood (depression), and an additional set of tests including executive function and attention.

#### Clinical battery

# Global cognitive function

The Montreal Cognitive Assessment (MoCA), is a measure of global cognitive function [17] originally developed to detect mild cognitive impairment (MCI) and now frequently used as a screening test. It is a 10-min test that

assesses short-term memory, visuospatial function, executive function, attention, concentration, working memory, language, and orientation.

# **Executive function**

Trail Making Test [19–21] is predominantly a measure of divided attention and two components of executive function, cognitive response set maintenance and shifting. The primary outcome measure for each TMT is time in seconds. Additionally, a derived Trails B/Trails A ratio will be calculated to obtain a relatively independent measure of executive control [22].

The Stroop-Color Word Test (SCWT) is a neuropsychological test used in both clinical and experimental settings [23]. This test measures the ability to inhibit cognitive interference that may occur while processing two stimuli simultaneously. The processing of one stimulus (e.g. color) may interfere with the second stimulus (e.g. word) processing, causing a Stroop Effect, in which the participant may confuse one stimulus for the other. Participants will be tested for color blindness prior to administration of this test.

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**Fig. 2** A Installation of AI (Artificial intelligence)-embedded cameras. The Advanced Driver Assistance System (ADAS) camera faces outwards and is located at the top center of the windshield. The Driver Monitoring System (DMS) faces the participant driver and is located at the bottom left of the windshield. **B** Close-up of the Artificial Intelligence Module Digital Video Recorder (MDVR). **C** The ADAS and the DMS

**Table 1** Driver-facing camera indices

Behavior Indices	Description	
Face detection	Al algorithm detects the face of the driver and the driver's features.	
Eye detection	Al algorithm detects the eyes and whether they are open or closed.	
Yawning	Using eye and mouth detection, yawning is detected.	
Distraction	Head-pose estimation technique is applied to detect distraction.	
Smoking Mobile Phone Use	Driver's smoking and use of mobile phones are detected using an AI algorithm.	

 Table 2 Forward-facing camera indices

Behavior Indices	Description	
Traffic Sign Detection	Al algorithm detects traffic signals and monitors if the driver runs a red traffic light.	
Object Detection	Al algorithm detects objects on the road, such as pedestrians or cyclists crossing the road, curbs or barriers, and nearby vehicles.	
Lane Crossing	Al algorithm detects lane departure.	
Near-Collision	Al algorithm can detect an object or a vehicle that is close to the driver's car.	
Pedestrian Detection	Al algorithm detects whether the driver yields when a pedestrian crosses the street	

#### Semantic memory

Loewenstein-Acevedo Scales of Semantic Interference and Learning (LASSI-L) Participants are tasked with

remembering two lists with 15 words each including fruits, musical instruments, or clothing. The words are presented one at a time on cards and are read by the participant. Participants are made aware of the semantic

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categories. This is followed by a free recall trial and then cued recall trials for each of the 3 categories. List A is presented again, and an additional cued recall trial for each category is conducted. A second list (List B) is subsequently presented, followed by a free recall trial, then three cued recall trials (one per category). List B is presented for a second time, with another round of cued recall trials. Then the participant is asked to think back to List A followed by the free recall and cued recall trials of List A. Participants are allowed 60 s during free recall trials and 20 s for each semantic category during cued recall trials. After 20 min, there is a delayed free recall of both lists. Previous analyses of the LASSI-L have demonstrated its sensitivity in differentiating between MCI and cognitively normal participants [24]. Semantic interference tasks similar to the LASSI-L have been shown to be valid across participants with different cultural backgrounds [25].

Logical memory The Craft Story is a logical memory test that typically takes 20 min to administer [26]. The examiner reads a short story of approximately 60 words aloud and then asks the individual to recall as much detail as possible both immediately and after a 20-min delay.

# Visuospatial and visuomotor

The Benson Figure Drawing (BFD) [27] has been used to evaluate visuospatial cognition in dementia. The patient is asked to copy a figure with no limit on response time.

#### Language

Naming The Multilingual Naming Test (MINT) assesses confrontation naming with 32 pictures of objects [28]. It detects naming deficits in patients with MCI or AD [29].

Verbal Fluency (VF) will be assessed using category (animals) [30] and phonemic (letters P and F) fluency [31]. Successful performance on word fluency tasks requires executive functions such as inhibiting words that do not conform to the rules of the task. Although often conceptualized as measuring executive functioning, recent analyses showed that language processing is the critical component [32].

# Functional ability measures

The Functional Activities Questionnaire (FAQ) measures instrumental activities of daily living (IADLs) affected by changes in cognition, such as preparing balanced meals and managing personal finances [33, 34].

Everyday Cognition (ECog) [35] consists of one global everyday function scale and six subscales (Everyday Memory, Language, Visuospatial Abilities, Planning, Organization, and Divided Attention). The ECog has shown sensitivity to MCI [35, 36].

#### Mood

The Geriatric Depression Scale-Short form (GDS-15) [37, 38] will be used to measure the level of depression symptom severity.

#### Clinical rating

The Clinical Dementia Rating Scale (CDRS) [39] is a 5-point scale used to quantify the severity of cognitive impairment symptoms. Six domains of cognitive performance are measured: Memory, Orientation, Judgement and Problem-solving, Community Affairs, Home and Hobbies, and Personal Care. These domains are relevant to the diagnosis and severity of Alzheimer's Disease and Dementia. The CDRS score is derived from information collected from an informant (study partner) interview as well as a participant interview.

# Additional measures Executive function

**Cogstate: Identification (IDN) task** The Identification (IDN) [40] task is a simple choice reaction time paradigm that measures reaction time and decision-making.

*Arrow Flanker Task (AFT)* The Flanker Task [41, 42] is a neuropsychological task that measures inhibition using non-verbal stimuli such as arrows. It assesses the ability to suppress unrelated responses.

**Cogstate: One Back (ONB) and Two Back (TWOB) task** These two tasks [40] assess working memory and attention.

Cogstate: The Groton Maze Learning Test (GMLT) [40] is designed to measure executive function using a maze learning paradigm.

#### Visual attention

The Useful Field of View test (UFOV) is a measure of three perceptual-cognitive abilities: processing speed, divided attention, and selective attention. These three tasks represent higher-order cognitive functioning required for safe vehicle driving [43]. The UFOV software (version 6.1.4; Visual Awareness Research Group Inc.) will be used.

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#### Clinical diagnosis

A clinical diagnosis will be made using an algorithm that has demonstrated reliability and validity in the diagnosis of MCI and dementia [44]. It combines the CDR clinical ratings with the neuropsychological test-based diagnosis (see Table 3). Cases in which there is a disagreement between the clinical ratings and test results will be presented to an expert panel of 4 clinical experts (2 neuropsychologists, a neurologist, and a geriatric nursing specialist) at a consensus diagnostic panel meeting.

# Study procedures

# **Testing locations**

Participants will be recruited from Broward and Palm Beach Counties in Southeast Florida. Florida Atlantic University (FAU) has several campuses in Broward and Palm Beach Counties. FAU's Memory and Wellness Center is on the main Boca Raton campus and will serve as a testing and sensor installation/maintenance site as will the Clinical Research Unit, also on the main campus. Secondary sites will be on the Davie campus in central Broward, and several cooperating places of worship and community centers for the convenience of those older drivers who customarily drive within a restricted range. A subaward to colleagues in Psychology, Engineering, and Nursing at the University of Central Florida (UCF) will support the recruitment and testing of eligible participants on the UCF campus in Orlando, Florida. Data will be transmitted securely to FAU for analysis.

#### **Enrollment procedures**

Older drivers who express an interest in participation will receive an explanation of the study and the activities that participation entails. They will then be screened for eligibility and proceed to the first set of assessments. An installation team will place the telematics and video sensors in participants' vehicles while the cognitive tests are administered.

#### Scheduling over 3 years

The project aims to identify cognitive changes over time that may be associated with indicators from the in-vehicle sensors. Therefore, cognitive assessments are administered every 3, 6, and 12 months (depending on the tests) for 3 years, for a total of 13 quarterly assessments. Every 3 months the following cognitive assessments will be administered: MoCA, FAQ, GDS-15, and the DSAQ (Driver Sensor Acceptability Survey which responds to Aim 3 of the study (See list of abbreviations)). The IDN, GMLT, ONB, and TWOB will be administered at every time point except for Visit 1 in order to keep the first visit under 3 h. Since we will use parallel forms of these tests, they do not need a double baseline. The following assessment tools will be administered beginning with Visit 2 and again on Visit 3 for the double baseline, then every 6 months: ECog, BFD, TMT, AFT, SCWT, VF, and MINT. The UFOV will be administered on Visits 1 and 2, then repeated every 6 months. Lastly, the LASSI-L and Craft Story will be administered at visits 1 and 2 for the double baseline and then every 12 months. The MMSE will be administered on visits 1, 5, 9, and 13.

# Preparation of assessors and psychometricians

Experienced nursing and psychology students and postdoctoral fellows will perform the clinical and cognitive assessments. These research assistants will go through intensive training in the administration and scoring of the assessments. They are first exposed to these procedures via training videos followed by one-to-one observation sessions with clinicians and experienced psychometricians who explain the administration and scoring procedures for each assessment measure in detail. After training, each research assistant will submit videos

**Table 3** Algorithmic diagnosis including Clinical Dementia Rating (CDR) scores and neuropsychological test-based diagnosis of normal, amnestic and non-amnestic Mild Cognitive Impairment (aMCI; naMCI) and early (eMCI) and late MCI (LMCI)

CDR Sum of Boxes	Neuropsychological Diagnosis (NpDx)				
	Normal	aMCI	naMCI	Dementia	
0	Normal	PreMCI –NP	PreMCI-NP	Consensus Conference	
0.5-2.0	PreMCI Clinical	eMCI	eMCI	Consensus Conference	
2.5-4.0	PreMCI Clinical	eMCI	eMCI	LMCI	
4.5+	Consensus Conference	Dementia	Dementia	Dementia	

[Rule 1: CDR-sb score > 4.0 indicates dementia diagnosis (except when NpDx is Normal)]

[Rule 2: CDR-sb score of 2.5 to 4.0 indicates an LMCI diagnosis (except when NpDx is Normal)]

[Rule 3: CDR-sb score of 0.5 to 2.0 indicates an eMCI diagnosis (except when NpDx is Normal)]

[Rule 4: Pre-MCI is diagnosed when CDR-sb 0.5–4.0 and NpDx is normal, or CDR-sb = 0 and NpDx = aMCI or naMCI]

CDR-sb = CDR sum of boxes, aMCI = Amnestic MCI, naMCI = Non-amnestic MCI, LMCI = Late MCI, eMCI = Early MCI

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of themselves performing the clinical and psychometric assessments with non-participant volunteers. Individual feedback is provided regarding any deviations from the standard administration, and if necessary, a second video is requested. Approval to conduct assessments independently is obtained after completing an additional 4–6 shadowing sessions, during which the newly trained research assistants will be observed administering the assessments.

The clinical diagnosis will be made by a team of neurologists, neuropsychologists, and geriatric nurses who review the clinical and psychometric data using the Algorithmic Diagnosis procedure described above. Clinical personnel are blinded to the data driving the decision in order to avoid potential bias in the diagnosis.

#### Controlling for practice effects

Important issues in this study of cognitive change are the potential for practice and retest effects in performance on repeatedly administered cognitive tests, a problem common to longitudinal studies. Although we may assume that these effects are observed in all clinical groups, they may not be equivalent across groups.

While there is no clear consensus on the best methods to address this problem, we will address it by:

- Using alternative forms with equivalent psychometric properties where available. The IDN, ONB, TWOB, and the GMLT are short and repeatable assessments that are unaffected by language, therefore we are able to have a large stimulus set that is controlled and randomized so that each participant has a unique stimulus set at each time point. The AFT uses a set of pseudo randomizations controlling for the number of congruent and incongruent trials.
- The most prominent practice effects generally take place between the first and the second administration of a test. For this reason, we will use a double baseline design in which the second assessment (3 months after the first) will be used as the baseline for all cognitive measures.
- In the statistical analysis we will include reliable change indices (RCIs), and regression base analyses with correction for practice effects.

#### Statistical analysis

# Data processing phase

Data processing will occur in three steps. First, several preliminary models will be created to provide greater flexibility in analyzing the relationships between the driving behaviors and cognition over time. Various models such as linear mixed models and non-linear functions, such as splines, will be assessed.

The second processing step is feature extraction. Variables will be created from the raw data, with mean, standard deviation, and assessment of normality analyzed. During this step the telematic and video data will be standardized so that all of the features will account for driving speed and length of time driving during each trip. Since the telematic and video data have varying scales, data will be normalized using the minmax approach. Lastly, external weather and traffic conditions data will be added to the database.

The third processing step is the reduction of the number of features to prevent overfitting the model as well as to reduce the complexity of the model. Two strategies will be used to complete the feature selection step. Elastic net regression adds a penalty and bias to the models resulting in the retention of only the critical variables. These results will be compared to the results for the second method, SHAP (Shapley Additive exPlanations) analysis, which is a global feature selection method that will be used to compute the feature importance of each variable in predicting cognitive change [45].

### Predictive modeling phase

Two different methods will be used to model the prediction of changes in cognitive functioning followed by a sensitivity analysis. First, a traditional predictive modeling method using a linear mixed effects (LME) model with time varying covariates will be conducted [46]. This LME method will use the processed data aggregated at weekly, monthly, and 3-month intervals along with the features determined by the SHAP analysis. The second method will use a machine learning recurrent neural network (RNN) approach to loop over and pass information from one step to another in the network allowing for the capability to effectively incorporate temporal (time) dependencies in longitudinal data [47]. With RNN, data contains data sequences from k time steps at each time point (ti), input features (Xti), and internal state (memory) from the previous time step (ht(i-1)) allowing for RNN to identify patterns hidden in the sequence of the data not detectible by conventional neural networks [48]. The Driving Behavior Indices (DBIs) algorithms generated will be assessed for ability to predict changes in overall cognitive functioning as well as other specific domains.

# Driving behavior (normalized driver behavior indices)

Driver Behavior Indices (DBIs) will be estimated from the telematics and vision sensor data. The selection of the DBIs is designed to reflect older drivers' cognitive function and driving performance. To account for the Tappen et al. BMC Geriatrics (2023) 23:854 Page 10 of 13

variation in participants' driving frequency and mileage, the DBIs will be normalized by the total number of trips, left turns, traveled intersections and/or total mileages. The DBIs will be evaluated for each driver and will be summarized on a daily, weekly, and monthly basis. DBIs are classified into four categories. Examples of DBIs are shown in Table 4.

## Travel patterns

DBIs include travel patterns that will be analyzed based on vehicles' trajectories, combined with map-matching algorithms to relate high-precision positioning data to map data (e.g., traveled road names, the types of roads, and speed limits). The inclusion of map-matching algorithms and weather data is required to analyze trips on freeways and during severe weather conditions, respectively. These travel-pattern-related DBIs are known to be indicative of the changes in older drivers' cognition and physical functions since they tend to incorporate deliberate avoidance strategies to compensate for age-related deficits [49].

#### Abnormal driving

Advancing abnormal driving pattern detection requires novel multi-attributed spatial network queries for Spatial Network Database (SNDB) due to the heterogeneity of data sources, such as map data, weather, and location of stop signs. For example, queries for identifying abnormal driving patterns need to combine interrelated risk factors under the unified index and analyze these factors based on topological and geospatial reference systems. Furthermore, drivers' potential route selection can be affected by traffic volume and weather conditions, which also necessitate developing domain specific SNDB queries to achieve an accurate estimation of abnormal traffic patterns. The identification of ignoring traffic signals or stop signs will use the temporally detailed network status (e.g., volume and speed), the number of lanes, and localized spatial information.

#### Reaction time

The reaction time estimation requires the integration of driving scene awareness, eye tracking, and telematics data. The reaction time to traffic lights and taillights will be analyzed by considering various factors, such as distance to the objects and vehicle speed.

#### **Braking patterns**

Hard-braking-related DBIs will be used to monitor older drivers' braking patterns and eye movements. Highlydetailed braking-related data will be collected from our telematics and vision sensors. For example, the data fusion of high-precision trajectories, map data, and machine vision will indicate the causes of hard braking events (e.g., stop-and-go conditions at an intersection, tailgating, losing focus, road conditions). Vision sensors will relate hard braking to stop signs or traffic lights, providing detailed glance patterns at an intersection. Importantly, the data analytics of braking patterns must consider whether drivers might be aware of stop signs, traffic signals, and potholes in advance. This can be closely related to memory function. For example, drivers are usually aware of the location of potholes and stop signs in advance when they repeatedly drive the routes in their daily life (e.g., commuting, grocery shopping). If there are changes in their cognitive functioning, they would react differently to traffic signs or potholes than they did prior to the changes.

To address the third study aim, acceptability of the installed sensor systems, the psychometric properties of the DSAQ will be evaluated and differential effects by demographic group (age, gender, ethnic group membership, education) evaluated. Thematic analysis [50] of the interview data on acceptability will provide explanations for the ratings obtained on the DSAQ.

# **Ethical considerations**

Prior to enrollment, all potential participants receive an explanation of the study including what participation entails and sign a consent approved by the Florida

**Table 4** Driver behavior indices

Categories	DBIs	Data Analytics
Travel Patterns	number of trips, miles driven, miles on the highway, miles during the night, daytime, and severe weather, highway miles, etc.	map-matching, data queries, map data, weather data
Abnormal Driving	wayfinding, getting lost, ignoring traffic signals and signs, near-collision events, distraction, drowsiness, etc.	machine vision, shortest path, outlier detection, trajectory clustering, frequent graph mining
Reaction time	reaction time to traffic light change, front-vehicle taillight, pothole, etc.	vision sensing, data fusion, vibration analysis, machine learning
Braking Patterns	eye movements and IMU data at stop signs, traffic signals, tail lights, losing focus, potholes, etc.	signal processing, gaze estimation, data mining, machine vision

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Atlantic University Committee for the Protection of Human Subjects. Study procedures and consent processes were reviewed and approved by the University Committee for the Protection of Human Subjects.

# **Anticipated challenges**

Several challenges to the successful implementation of this protocol are anticipated. Participation in the study requires a commitment from the participant to attend testing and data retrieval from the installed sensors four times a year for 3 years. A secondary concern is possible. participant hesitation to allow a video camera to focus on the participant's face. Should this become a problem in the recruitment of participants, otherwise eligible enrollees will be allowed to forego the driver-facing camera, and a comparison of the accuracy of cognitive change detection with and without the driver-facing video data will be added to the data analysis plan.

There may also be some concern about driver information becoming available to insurers. The Certificate of Confidentiality issued by the National Institutes of Health prevents insurance companies from accessing this information without participant consent and should alleviate this concern.

A more technical concern is the ability to assign driving data to the correct individual when a vehicle is driven by more than one person, most likely spouses who share the vehicle. The solution will be to develop and train a facial comparison algorithm to distinguish the two drivers.

#### Discussion

A naturalistic 3-year longitudinal study will be conducted to test the ability of an in-vehicle sensor system of telematic and video sensors to obtain data that can signal a change in the driver's cognitive status will be tested. The innovation of this research project lies in the unobtrusive, rapidly, and readily available in-vehicle sensing and monitoring system built upon modern open-source hardware and software using existing techniques to develop and customize the components and configure them for this new purpose. We have hypothesized that this system will be capable of detecting a change in cognitive status among older drivers who are developing MCI or exhibiting symptoms of early-stage dementia.

#### **Conclusions**

It is well established that individuals with progressive dementias are eventually unable to drive safely, yet many remain unaware of their cognitive decrements. Current screening and evaluation services can test only a small number of individuals with cognitive concerns, missing many who need to know if they require treatment. Given the increasing number of sensors being

installed in passenger vehicles and their increasing acceptability, reconfigured in-vehicle sensing systems could provide widespread, low-cost early warnings of cognitive change and decline to the large number of older drivers on the road in the U.S. and elsewhere. The proposed testing and evaluation of a readily and rapidly available, unobtrusive in-vehicle sensing system could provide the first step toward future widespread, low-cost, early warnings of cognitive change for this large number of older drivers.

#### **Abbreviations**

CDR

4G A mobile communications standard allowing wireless internet

access at high speed
AD Alzheimer's Disease
AFT Arrow Flanker Task
AI Artificial Intelligence

aMCI Amnestic Mild Cognitive Impairment

ARIMA Auto Regressive Integrated Moving Average This is a statistical analysis model that uses time series data to either better under-

stand the data set or to predict future trends

BFD Benson Figure Drawing

CAS-IRT Cognitive Abilities Screening Instrument scored using Item

Response Theory Clinical Dementia Rating

CDR-sb Clinical Dementia Rating sum of boxes

COG Course Over Ground
DBI Driving Behavior Indices
DSAQ Driver Sensor Acceptability Survey
ECog Everyday Cognition

FAU Florida Atlantic University
FAQ Functional Activities Questionnaire
GDS-15 Geriatric Depression Scale-Short form

G-force Gravitational Force
GMLT Groton Maze Learning Test
GPS Global positioning System
Hz Hertz

IDN Identification

IMU Inertial Measurement Unit

LASSI-L Loewenstein-Acevedo Scales of Semantic Interference and

Learning Milliamn

mΑ LMCI Late Mild Cognitive Impairment MCI Mild Cognitive Impairment **MDVR** Module Digital Video Recorder MINT Multilingual Naming Test **MMSE** Mini-Mental State Examination MoCA Montreal Cognitive Assessment MWC Memory and Wellness Center naMCI Non-amnestic MCI xQaN Neuropsychological Diagnosis OBD On-board diagnostics ONB One Back Tasks test

Pre-MCI Pre-Mild Cognitive Impairment RCI Reliable Change Indices SCWT Stroop-Color Word Test TMT Trail Making Test TWOB Two Back Task test UCF University of Central Florida UFOV Useful Field of View test

U.S. United States
VF Verbal Fluency

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#### Authors' contributions

All authors read and approved the final manuscript. RT: Overall study conceptualization and design. DN: Sample size estimation and biostatistical analysis. MR: Conceptualization of the cognitive battery and scheduling of cognitive tests. JJ: Conceptualization of the telematics system. BF: Conceptualization of the video sensor system. KY: Conceptualization of advanced data analytics, integration, and harmonization. SG: Assisted with the data analytics section. JZ: Description of sensor installation. JC: Description of the cognitive battery and scheduling of cognitive tests. MTJ: Detailed the data obtained from the videos. SM: Drew conceptual model. SP: Draft of the introduction, collected materials for the paper. KJ: Drafted the recruitment plan. MAR: Draft of the introduction, collected materials for the paper.

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#### Availability of data and materials

Prior to completion of the study, we will apply to an NIH-supported scientific data repository related to AD/ADRD to provide access to deidentified study data. This will not include live video data but will include the data on driver behavior generated from the videos. The dataset referenced in the current report will be available in de-identified form from the corresponding author on reasonable request.

#### **Declarations**

#### Ethics approval and consent to participate

- Prior to enrollment, all potential participants receive an explanation
  of the study including what participation entails and sign an informed
  consent approved by the University Committee for the Protection of
  Human Subjects. Study procedures and informed consent processes were
  reviewed and approved by the University Committee for the Protection of
  Human Subjects.
- The Florida Atlantic University Institutional Review Board approved this study.
- We confirm that all methods were performed in accordance with the relevant guidelines and regulations.
- IRBNet #: 1626402

#### Consent for publication

N/A

# **Competing interests**

The authors declare no competing interests.

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